



## The Golden Fleece

10<sup>th</sup> April - 4<sup>th</sup> June 2025

Please note that, as all our dishes are freshly prepared and cooked to order using locally sourced produce where possible, during busy times there may be a delay in getting your food to you.

**(GF) denotes suitable for a gluten intolerant diet.**

**(DF) denotes dairy free, (Ve) denotes vegan.** When placing your order **please notify staff if you are on a gluten or dairy free diet or have any other dietary requirements.**

### Starters and lighter dishes

**TO SHARE** - Warm mixed breads served with balsamic vinegar, olive oil and our home-made flavoured butter and mixed olives £10.95

(DF/GF available)

'Buffalo' cauliflower wings roasted in our maple BBQ sauce served with home-made ranch dip

£8.45 (GF/DF/Ve)

Main course with warm bread and salad £17.45 (GF/Ve)

Asparagus of the week - please see the specials board for today's flavour

Main course with salad and warm bread

Salad with grilled halloumi, beetroot and watercress with a pomegranate molasses dressing £8.95 (GF)

Main course served with warm bread £17.95 (GF)

Golden Fleece smokey - flaked smoked haddock topped with tomato concasse and gratinated

£8.95 (GF available) Main course £17.95 (GF available)

Home-made soup of the day, served with warm ciabatta £7.95 (GF/DF/Vegan - please ask)

Please see overleaf for our soup and sandwich combination

Garlic bread with home-made garlic butter

Plain £3.95 With parmesan cheese £4.50

Pesto bread with home-made pesto

Plain £4.50 With parmesan cheese £4.95

GF/DF garlic bread & GF pesto bread available

## Main courses

Mixed vegetable and chickpea tagine served with smoked paprika and coriander cous-cous £19.95 (Ve/DF)

Brazilian style fish stew - a mix of salmon, cod, squid, mussels and king prawns with tomatoes, peppers and coconut served with a side dish of rice £25.95 (GF/DF)

Boneless chicken thighs in a creamy Tuscan style sauce with sun-dried cherry tomatoes, baby spinach and grana padano cheese £22.95 (GF & DF available)

### Risotto of the week

Please see the specials board for the current variety

British sirloin steak 8oz uncooked weight £26.95 (GF/DF)

British fillet steak 8oz uncooked weight £31.95 (GF/DF)

Brandy & peppercorn cream sauce (GF) £2.50

Stilton and port sauce (GF) £2.50

Steaks served with our hand cut chunky chips, flat mushroom, cherry tomatoes & medley of vegetables

Switch to our sweet potato fries for £1 extra

Millionaires Bun-fillet steak in ciabatta with our hand cut chunky chips, homemade coleslaw & mixed salad leaves £22.95 (GF /DF)

Billionaires Bun - about twice as much steak! £30.95 (GF/DF)

The Golden Fleece burgers (GF rolls available) from £16.95 (all DF)

Choice of -beef (GF), chicken breast (GF), vegetarian, Cumberland sausage(GF), served in ciabatta with homemade coleslaw, mixed salad leaves & hand-cut chunky chips.

**Additional toppings** -Cheddar, brie, stilton, bacon, mushrooms, fried onions, garlic butter, jalapenos or dill pickle £1.50 each

## Sandwiches

Chicken and avocado wrap with tomato and coriander salsa £8.95 (DF)

Folded flatbread filled with Greek salad, of cucumber, tomato, feta, red onion, black olives and leaves with our home-made tzatziki £8.95 (DF & Ve available)

Freshly baked Cumberland sausage baguette served warm with fried onions £8.95 (GF/DF available)

Any sandwich & a mug of soup £12.95

Any sandwich & a portion of skinny fries or chunky chips £11.95

### Side dishes (GF/DF)

Hand-cut chunky chips £3.95

Seasoned sweet potato fries £4.75

Skinny fries £3.95 New potatoes £3.95

Side salad £3.95 Fresh vegetables £3.95

Dish of home-made coleslaw £3.95

### Home-made puddings

Please ask to see today's menu

(GF/DF and vegan also available) £8.95

A platter of three cheeses £10.95

Larger platter of assorted cheese, served with biscuits, celery, grapes and homemade chutney £14.95

Coffee £3.50

Cappuccino/Macchiato/Latte £3.95

Hot Chocolate £3.95

Mocha £3.95

Flat white £3.75

Espresso £2.95

Large Espresso £3.50

Tea £3.50

Speciality Tea £3.75



## The Golden Fleece

Food is served;

Wednesday-Saturday lunchtimes

**12pm-2.30pm** Sundays **12pm-5pm**

Wednesday-Thursday evenings **5.30pm-8pm**

Friday and Saturday evenings **5.30pm-8.30pm**

### On-line bookings

These can now be made from our website.

If a table is not available -please call as we may be able to get you in!

### Coming events -

**Pie night (and pie day!)** are every **Thursday** until we feel some warmth back in the air, to let us know summer is on the way.

Our next **Tapas Night** is on **April 30th** and then **May 28th** when a range of authentic dishes will be available, along with Spanish wine and sherries. Food is served from 5.30pm until 9pm that night.

**St.Georges day - 23rd April** - We will be celebrating with a special English menu - Come and join us. However we wont be dying the river Quinn with national colours - we'll leave that to St.Patraicks celebrants!

We are now taking bookings for **Father's Day** on **June 15th** so remember to book your table and treat your dad to a delicious lunch with us. Booking is essential. Food is served from 12pm until 6pm. Deposit of £15 per person required at time of booking.

**IF YOU ARE EATING IN THE BAR OR THE GARDEN PLEASE PLACE YOUR ORDERS FOR BOTH FOOD AND DRINKS AT THE BAR. WE WILL ENDEAVOUR TO COME TO YOU IF WE CAN, TO TAKE ORDERS, BUT AT BUSY TIMES THIS MAY NOT BE POSSIBLE.**

**THANK YOU.**